



~~SECRET~~

OFFICE OF THE PRINCIPAL COMMISSIONER OF CUSTOMS  
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F.No. S1/01/2016-HRD

Date: 15.06.2016

## CIRCULAR

Sub: Celebration of the second International Day of Yoga on June 21<sup>st</sup> 2016 –  
Reg.

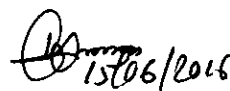
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As per directions of CBEC's vide letter F.No.296/99/2016-CX.9 dated 16.05.2016, officers are requested to observe International Yoga Day, 2016 on 21/6/2016.

In this connection it is to inform that 'Yoga Consciousness trust' is offering free classes of yoga at Vuda Park Visakhapatnam. The Yoga classes are conducted free of cost up to 21.06.2016 as per the "Common Yoga Protocol" issued by the Govt. of India.

The practice session has three slots 5.00 AM to 6.00 AM, 6.00 AM to 7.00 AM & 7.00 AM to 8.00 AM.

All the officers and the members of their family are requested to avail free YOGA classes offered by the "Yoga Consciousness trust" in any of their convenient slots.



(P. GOPICHAND)

ASST. COMMISSIONER OF CUSTOMS (HRD)

Copy to :

1. PA to Commissioner of Customs, Visakhapatnam
2. PA to Addl. Commissioner of Customs, Visakhapatnam
3. All the Asst. Commissioner's / Dy.Commr's of Customs, Visakhpatnam
4. All Appraisers this Custom House, Visakhpatnam
5. All the Superintendent of Custom House, Visakhpatnam
6. All the Section Heads of the Custom House, Visakhpatnam
7. All the staff of this Custom House, Visakhpatnam
8. Notice Board